

Supervisor Training Program

Full Course Outline

Program Overview

This 16-session experiential supervision training is designed for Registered Psychotherapists in Ontario. The program integrates teaching, discussion, and applied practice to support the development of competent, reflective, and practice-ready clinical supervisors.

Program Structure

- 16 sessions (90–105 minutes each)
- Two supervised experiential practice sessions
- Group-based case studies
- Final integration, assessment, and closure

Day 1 – Foundations of Supervision

- Introduction to supervision: purpose, roles, and responsibilities
- Supervisor roles and functions and CRPO context
- The supervisory relationship: power, boundaries, and feedback
- Culture, context, and use of self (SEUS)

Day 2 – Building Your Supervision Practice

- Developing your supervision model
- Contracts and expectations
- Formats and methods of supervision
- *Experiential practice session (guided supervision work)*

Day 3 – Responsibility and Complexity

- Evaluation and feedback
- Ethical decision-making
- Crisis management
- Legal responsibilities and risk management

Day 4 – Advanced Practice and Integration

- Use of self (SEUS) and relational dynamics
- Integration and reflection
- *Second experiential practice session (guided supervision work)*

Final Day – Integration and Application

- Case studies (group work)
- Knowledge check
- Advanced case application
- Marketing, insurance, and AI in supervision
- Closure and celebration

Learning Outcomes

By the end of the program, participants will:

- Have developed a clear and articulated supervision approach
- Have strengthened ethical and legal decision-making skills
- Have gained confidence in managing complex supervisory situations
- Be prepared to supervise in real-world practice settings